



#### One-touch display :

- Touch B to display time, again to view date, and again to view seconds.

#### Time and date setting :

- Tap B to display time, then long-press until the hour appears. Tap to adjust (blank=AM; '=PM).

- Long-press B again to select minutes. Tap to adjust.
  - Long-press B again to select the year. Tap to adjust (y00-y59).
  - Long-press B again to select the month. Tap to adjust.
  - Long-press B to select the date. Tap to adjust.
- When finished, wait for the display to shut off. It will retain the settings.

Lithium Battery CR1620