

#### FUNCTIONS

Time and Date Display (Month, Day, Date,  
Hour, Minute, Second)  
Chronograph  
12h/24h Time Format  
Alarm and Chime  
Backlight

#### OPERATING INSTRUCTIONS

##### Backlight

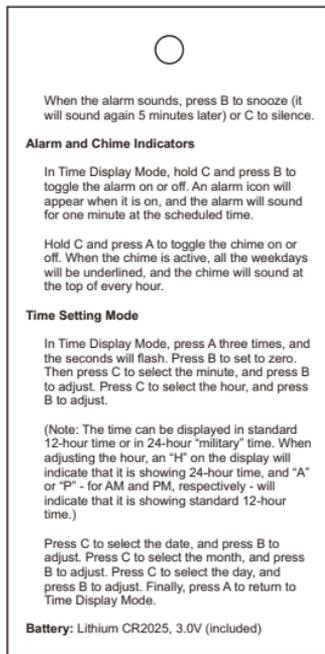
Press D to activate the backlight.

##### Chronograph

In Time Display Mode, press A once to enter Chronograph Mode. Press B start, and again to stop recording. Press C to reset to zero. Then press A to return to Time Display Mode.

##### Alarm

In Time Display Mode, press A twice to enter Alarm Mode. The hour will flash. Press B to adjust. Then press C, and the minute will flash. Press B to adjust. Finally, press A to return to Time Display Mode.



When the alarm sounds, press B to snooze (it will sound again 5 minutes later) or C to silence.

#### Alarm and Chime Indicators

In Time Display Mode, hold C and press B to toggle the alarm on or off. An alarm icon will appear when it is on, and the alarm will sound for one minute at the scheduled time.

Hold C and press A to toggle the chime on or off. When the chime is active, all the weekdays will be underlined, and the chime will sound at the top of every hour.

#### Time Setting Mode

In Time Display Mode, press A three times, and the seconds will flash. Press B to set to zero. Then press C to select the minute, and press B to adjust. Press C to select the hour, and press B to adjust.

(Note: The time can be displayed in standard 12-hour time or in 24-hour "military" time. When adjusting the hour, an "H" on the display will indicate that it is showing 24-hour time, and "A" or "P" - for AM and PM, respectively - will indicate that it is showing standard 12-hour time.)

Press C to select the date, and press B to adjust. Press C to select the month, and press B to adjust. Press C to select the day, and press B to adjust. Finally, press A to return to Time Display Mode.

**Battery:** Lithium CR2025, 3.0V (included)

35x70mm