



### INITIALIZE THE SETTINGS

When setting your watch for the first time, or after changing the battery, you must first zero the dual-time hands (set the 24-hour hand to "24", set 12-hour hand to "12", and set minute hand to "60").

1. Pull the crown out to the second click.
2. Press and hold A and B simultaneously for 2 seconds, then release.
3. Press A repeatedly to adjust the 24-hour hand straight up to the 24 position.

4. Press B repeatedly to adjust the 12-hour hand straight up to the 12 position and the minute hand to the 60 position (you can press and hold B to speed this process). (During this step, if the dual-time second hand makes a full revolution at the quarter hour, repeat steps 1-4.)

Now you can set the time, date, and dual time settings.

### SETTING THE TIME AND DATE

1. When the second hand is at the 12:00 position, pull the crown to the first stop and rotate to set the date.
2. Pull the crown to the second stop and rotate to set the time.
3. Press the crown back in firmly.

### SETTING THE DUAL-TIME

1. With the crown pressed in, press button A to set the time back one hour, or button B to set the time ahead one hour.
2. Pull the crown out to the second click, and press A repeatedly to set the time back (one minute per button press), or button B to set the time ahead in one-minute increments.
3. Press the crown back in firmly.

Printed in China.